# School News

**Newsletter 2 – October 2026**

E-mail:office@hayesdownschool.com website:www.hayesdownschool.co.uk

## Colour Run

Well done to everyone for our fantastic Colour Run last week – it was AMAZING!!!

The school council helped organise it and got a first go at throwing the powder in the air – which they loved! The whole school then joined them on the field to run and have fun – turning into colourful running rainbows as they went. Thanks to the parents who helped, the large number of parents who turned up to watch the event and everyone who has sponsored their child.

If you would still like to donate please use the QR code and we will announce the total when we get back from half term.

**Term dates for Terms 1 and 2**

| | |
|---|---|
| **October 2026** | |
| **Thursday 22nd** | **Flu Vaccinations (whole school)** |
| **Thursday 22nd** | **Champions assembly – 9.00am – 10.00am** |
| **Thursday 22nd** | **Last day of term 1 for pupils** |
| **Friday 23rd** | **Inset Day** |
| **November 2026** | |
| **Monday 2nd** | **Inset Day** |
| **Tuesday 3rd** | **Start of Term 2 for pupils** |
| **Wednesday 4th** | **Year 4 Bristol Museum Trip** |
| **Friday 6th** | **PTA School Disco** |
| **Thursday 12th** | **Fraser Portraits school photographs. Individual and Sibilings Photos** |
| **Thursday 19th** | **Careers Morning** |
| **December 2026** | |
| **Friday 4th** | **Rocksteady Concert 2.15pm** |
| **Monday 7th** | **Sunflowers Christmas performance** |
| **Thursday 10th** | **Reception Christmas Nativity 9.00am and 2.30pm** |
| **Friday 11th** | **Year 1 Christmas performance 9.00am and 2.30pm** |
| **Monday 14th** | **Year 2 Christmas performance 9.00am and 2.30pm** |
| **Tuesday 15th** | **Year 3 Christmas Carol Concert 2.30pm** |
| **Wednesday 16th** | **Year 4 Christmas Carol Concert 2.30pm** |
| **Wednesday 16th** | **Christmas Jumper Day/ Lunch** |
| **Friday 18th** | **Champions Assembly 9:00 – 10:00am** |

Please note:
The expectation is that holidays must be taken in school holiday periods and we will not be able to authorise any time out for "leisure" activities. There are very few exceptional circumstances.
Parents who choose to take their child out for unauthorised term time leave should expect to receive a penalty notice from Somerset Council (within the thresholds set out). It is important to note that after two penalty notices the local authority will take further action which may lead to a prosecution.

*Policies and Information*

*The main school policies, including the complaints policy, admissions arrangements and privacy notices can be viewed on the school website. If there are any other policies that parents wish to view, or the minutes of Governors meetings, please contact the school office via email.*

*Photograph consents can be changed at any point; please contact the school office should you wish to do so.*

**Peer Supporters Ready for Their New Roles**

Our newly elected Peer Supporters from Years 2 and 4 recently enjoyed a morning of training to prepare them for their important new **RESPONSIBILITIES**. During the session, they explored the difference between conflict and bullying, revisited the *Wheel of Choice*, took part in role-play activities based on real-life scenarios, and practised the Peer Supporters' motto.

Throughout the year, the Peer Supporters will work in pairs to support children on the playground and help ensure that playtimes at Hayesdown remain **HAPPY & HEALTHY**

When asked about his role, Henry **CONFIDENTLY** explained, *"We are not allowed to take sides."* Erin added, *"We will always speak in a calm voice and ask if we can help."*

We are incredibly proud of our Peer Supporters and look forward to seeing the positive impact they will have across the school community.

The Peer Supporters use the "Wheel of Choice" to help solve conflicts at playtime, keeping everyone **HAPPY & HEALTHY**. We now have a brand-new version designed by the children of Hayesdown First School.

Well done to the following children for fantastic designs:

**Rex George**
**Erin Winney**
**Violet Canale**
**Chloe Folland**
**Thomas Hodge**
**Julian Dutkowski**
**Keanna Stanisha**
**Thomas Sandquest**
**Will Baxter**

## School Council and Eco team elections

Well done to the children who were elected on to School Council and Eco Team. We know you are going to be excellent representatives for the school over the year.

| School Council | Eco Team |
|---|---|
| Imogen C | Amla F |
| Jonah J | Mia W |
| Ezra R | Ronnie S |
| Freddie E | Lola S |
| Faith S | Eliza S |
| Lyla F | Maeve F |
| Arthur B | Stanley E |
| Evie-Mai P | Erin W |
| Roma T | Holly UC |
| Rosalie J | Savannah J |
| Willow M | |
| Seraphina E | |
| Isabelle C | |

**They have already had meetings together and helped organise events for the school – watch out for more from these RESPONSIBLE teams!!**

School Council have organised the Colour Run and will be thinking about Children in need and Remembrance Day assembly next term. Eco-team are planning litter picks, a power-down day in November and also an Eco week for later in the year. Well done to these children!

## Hayesdown Harvest Celebrations

On Friday 2nd October we held a wonderful Harvest Festival celebration for the whole school. We heard from each year group about different elements of harvest.
We felt very proud to see, and hear the children **CONFIDENTLY** talking in front of so many other children about different aspects of harvest time. Reception children braved their first assembly ever and gave us a fantastic rendition of Big Red Combine Harvester! Year 1 recited a wonderful harvest poem with such **ENTHUSIASM** and **CONFIDENCE** it impressed us all.

Year 2 told us all about the differences between how bread was harvested and made in 1666 in comparison to today; we learnt a lot! Year 3 thrilled us with a quiz titled "What foods are grown under the ground, on the ground or above the ground?" It made everyone think and there were many confused faces when asked 'Are peas grown on the ground, under the ground or above the ground?' Finally, Year 4 shared some interesting facts about the Harvest Moon.

It was wonderful to see so much fabulous learning shown to us in so many different ways!! Thank you everyone who sent in food donations for the Fair Frome Foodbank, they were delighted and have sent us this letter of thanks:

## Letter of thanks from Fair FROME

Fair Frome
Real People, Real Projects, Real Difference

Hayesdown First School
Wyville Road
Frome
BA11 2BN

8.10.26

Dear Hayesdown First School,

On behalf of Fair Frome, I would like to thank everyone at Hayesdown First School for the very welcome variety of Harvest food donation collected recently all together you collected 294kg which is amazing!. We are noticing a steep increase in demand on the Food Bank, so Harvest has come at the right time for us.
Your generosity is very much appreciated by us and enables us to run the Fair Frome food bank and continue our work to reach and support those in need in the town, who would otherwise find it very difficult to manage.
You are most welcome to visit the Food Bank in Frome if you would like to see how it is managed. You will find us at Unit 7 Longacre on Marston Trading Estate.

Yours sincerely,

Rebecca Harrison

Assistant Coordinator, Fair Frome

**Thank you for helping us to help our community**

Fair Frome, Unit7, Longacre, Frome, BA11 4BG
Email:info@fairfrome.org / Mobile: 07714587129 / Landline 01373 488578
Charity no:1156185

**Thrilling "Great Fire of Hayesdown" Event**

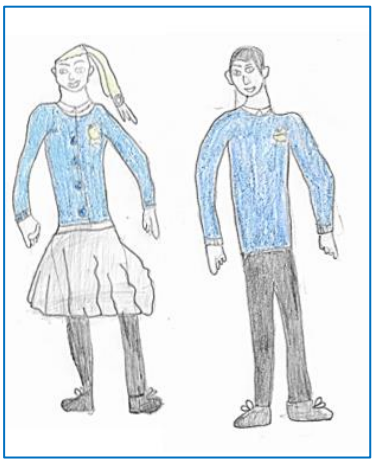
As a final culmination to their Term 1 project, Year 2 children and parents gathered in the school playground to watch "Pudding Lane" burn! The children's history project has been to enquire "Did London change for the better after the Great Fire?" and they have learnt so many interesting facts about the Great fire of London. We were very impressed by the selection of medieval, Tudor-style houses that had been created as **AMBITIOUS** home challenges and they made an impressive sight when lined up in the playground. Although the weather was not on our side, we were able to start the fire going and it really brought to life the power of flames and a bit of wind. Thankfully we had Mr Ball, our friendly firefighter, on site and the rain did not deter the flames. It was a truly memorable spectacle and made the children's learning come to life.

**Reception end of project celebration**

To celebrate all of our learning about Autumn in Reception, we enjoyed a wonderful Autumn walk! The children were incredibly **RESPONSIBLE** as we walked to the Old Cheese Show Ground, remembering how to stay safe near roads and showing excellent behaviour throughout. We were proud to demonstrate just how polite and respectful Hayesdown children are. During our walk, we spotted many signs of Autumn, including leaves changing colour and falling from the trees, shiny conkers on the ground, and changes in the weather. It was a fantastic opportunity to explore the season first-hand and bring our learning to life!

To bring our learning about The Little Red Hen to a close, the children enjoyed tasting a variety of breads before making their own delicious bread rolls. We learnt about the ingredients needed to make bread and carefully followed each step of the baking process. The children were thrilled to see how well their bread turned out and even more excited to taste it! This hands-on experience helped the children appreciate just how much hard work, patience, and perseverance the Little Red Hen showed when she made bread all by herself.

**Change of School Uniform suppliers**



Our previous school uniform supplier has been bought by **John Moore Sports**. They should be able to continue to provide high quality school uniform at a reasonable cost to parents – and they remain local. They would like us to share this welcome message with you all.

*Dear Customers,*

*We are delighted to announce that following a recent acquisition, Cosmic Monkey is now under the ownership of* ***John Moore Sports****.*

*Of course, Cosmic Monkey would like to thank all you customers for your much-valued support over the years.*

*Looking forward, we as John Moore Sports would like to introduce ourselves and welcome you to our business. Established in 1912, we are a family-run business now in its fourth generation. In addition to our sports offering, we have been supplying schools with good-quality, affordable school uniform since 2004.*

*John Moore Sports Frome will primarily focus on providing school uniforms to the local community as well as offering a small selection of sports accessories, our new premises will be located at: (just 100yards from the old Cosmic Monkey store)*

*John Moore Sports*

*Unit C5 Southgate,*

*Commerce Park*

*Frome BA11 2RY*

*Our opening times will be Mon-Fri: 9.00 - 5 / Weekends: closed*

*Phone:01225 466341 / Email: sales@johnmooresports.co.uk / Website: www.johnmooresports.co.uk*

*You are also able to order your school uniform online at www.johnmooresports.co.uk*

*John Moore Sports Frome will handle all Frome schoolwear enquiries at the Frome address and we look forward to welcoming you with our friendly, reliable service.*

*Best wishes,*

*Rob & Leah Moore*

## FREE SCHOOL MEALS ELIGIBILITY HAS CHANGED 1ST SEPTEMBER

The DfE have said the free school meals eligibility criteria is changing from 1 September 2026. From this date, any family that receives Universal Credit will qualify for free school meals. However, only those children whose family meet the current eligibility criteria will qualify for pupil premium. Therefore, any family that believes they will qualify under the new expanded criteria from 1 September 2026 will need to apply at www.somerset.gov.uk/freeschoolmeals from 1 September 2026

There will be two new categories:
"**Targeted:** this covers children in households in receipt of Universal Credit with annual household earnings of £7,400 or less. These children will attract pupil premium and other disadvantaged funding for their schools. Other education entitlements, such as the holiday activities and food programme (HAF) and the 'extended rights' element of school travel assistance will be based on targeted free school meals entitlement only.
**Expanded:** this covers children who are in households receiving Universal Credit with annual household earnings exceeding £7,400. Children will be entitled to free school meals only. This means they will not be eligible for pupil premium ".
(Somerset Council)

## Attendance

It's good to have a refresh at the start to the new school year and remind ourselves about the importance of children attending school every day. Good attendance gives children every chance of success at school.
Government research has shown that attendance in the first week of school is crucial in setting children up for success; children who are absent in the first week are more likely to go on and be absent across the year and become "persistent absentees", with a negative impact on their education. If your child was absent in the first week of school you will receive a letter with an offer of support.

Last year our whole school attendance was **97.2%** and only 7 children in the whole school had attendance below 90% - that is a **fantastic achievement** and made **Hayesdown the top-rated school compared to similar schools across the county and within our Trust**. Well done to the children and parents of Hayesdown! We are **AMBITIOUS** and want to achieve that again this year as we know that high levels of attendance lead to high levels of attainment. Thank you for your on-going commitment to your child and the school.

Our top 3 classes this term for attendance were:

**Bats 98.8%**

**Kestrels 98.7%**

**Ospreys 98.7%**

## Photograph permissions

Please check your child's photo permissions to ensure they are included in, or excluded from, photographs according to your preferences. These permissions can be reviewed in the **Parental Consents** section of the MCAS app.

If you would like to make any changes, please contact the school office.

As our newsletter is published on the school website, some children may not appear in newsletter photographs if they do not have permission to be featured on the website.

If your child does not have permission for **Website**, please note that separate consent is required for the school photographer, **Fraser Portraits**, as photographs are accessed through their website.

Please collect a permission form from the school office if you wish to provide this consent.

# Celebrating Success Term 1

## Sparkle awards

| | |
|---|---|
| Butterflies Class | *Evie-Harper, Chloe, George, Willow, William, Ada* |
| Ladybirds Class | *Nova, Elodie, Benjamin, Sienna, Amanda, Amerah, Indie, Amara,Tommy, Frankie,Isla, Hallie* |
| Badgers Class | *Ming Pok, Sammy, Theo, Amla, Jasper, Teddy, Harper, Maeve, Reuben, Dante* |
| Rabbits Class | *Samantha, Freddie, Marnie, Djordjo, Rosie, Mayha, Niamh, Jonah, Lila-Rose* |
| Bats Class | *Mateo, Ezra, Darcy, Freya, Willa, Evie-Mai, Farley* |
| Hedgehogs Class | *Tiago, Faith, Dorothy, Alice, Mabel, Sonny, Freddie, Julian,* |
| Owls Class | *Thea, Isla, Bear, Patricija, Vinnie, Jonas, Lorelei, Freddie* |
| Ospreys Class | *Violet C, Max, Isaac, Poppy., Evie-Mai, Evie* |
| Eagles Class | *Robyn, Lilly, Pippa, Erin, Isabelle, Harry, Olive, Rayner, Henry, Willow, Chloe, Elsie, Emilia* |
| Kestrels Class | *Holly, Orla, Savannah, Willem* |

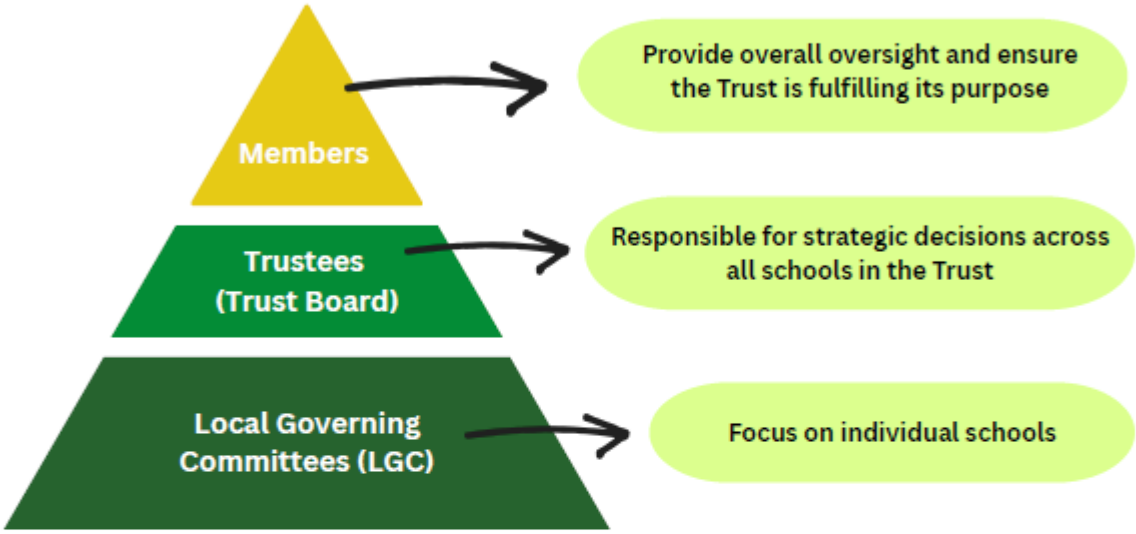
## The Golden Book of Excellence

**Niamh F, Julian D, Ray G, Phoenix W, Isla OK, Isaac E, Max B, AJ P, Charlotte H, Theo T, Willem A, Reuben W, Jamie T**

The Partnership Trust

# Understanding Local Governing Committees (LGC) in our Multi Academy Trust

How governance works in our MAT & the important role of our LGCs



Strategic Oversight | Monitor Performance | Ensure Accountability | Community link

## WHAT THE LGC DO:

- **Knows the school well**
  Understands strengths, priorities and acts as link to the community
- **Support & Challenge**
  Helping to ensure the best outcomes for all pupils
- **Monitor Key Areas**
  Such as safeguarding, attendance and school improvement

## WHAT THE LGC DOES NOT DO

- **Run day to day operations of the school**
  This is the responsbility of the Headteacher
- **Oversee school budgets**
  This is the responsibility of the Trust Board
- **Handle parental complaints**
  This is the responsibility of the Central Team

## Working together with

Headteacher & Staff ⟷ Trust Central Team ⟷ Trust Board

## Kindling for sale

**£3 per bag**
**Or**
**4 bags for £10**

**Please pay via MCAS and collect from the school office**

**Clothes bank**

Don't forget – if you are having a clear out of clothes that your child has grown out of – we have a clothes bank that you can donate to. Not only is it a great idea to recycle your old clothes but it also helps to raise money for the school.
Every bag donated brings in much needed funds to school. Thanks to everyone who is using it and please keep on donating!

**Good Hub fundraising**

We have a fundraising page on Good Hub for any parent that would like to donate to our school. All money raised goes directly to providing additional resources for the children.
We currently have a general donations page and a "paying it forward" page for any parent who would like to donate to support a family who may not be able to fully contribute to the cost of school trips. Parents have been very generous and we are delighted to share that £353.75 has been raised through the paying it forward page so far! AMAZING!!!
If you would like to donate please use this link:
https://www.goodhub.com/go/hayesdown

**Easy Fundraising**

Well you can raise money for school **at no extra cost to yourself!** You can raise free donations for us with thousands of popular retailers including all the big names like M&S, John Lewis, Argos, Boots, JD Sports, eBay, Very, Debenhams as well as on-line travel and holidays such TUI, Travelodge, Booking.com , Thomas Cook and many more! –

These donations really mount up and make a BIG difference to us, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely FREE and only takes a moment. So far you have raised over £1500 for our school – thank you!

You can find our easyfundraising page at

# Hayesdown First School
# Terms and Holidays 2026 – 2027
## (Including Hayesdown First School INSET Days)

| SEPTEMBER 2026 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 | |
| W | 2 | 9 | 16 | 23 | 30 | |
| T | 3 | 10 | 17 | 24 | | |
| F | 4 | 11 | 18 | 25 | | |
| S | 5 | 12 | 19 | 26 | | |
| S | 6 | 13 | 20 | 27 | | |

| OCTOBER 2026 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 5 | 12 | 19 | 26 | |
| T | | 6 | 13 | 20 | 27 | |
| W | | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 | |
| F | 2 | 9 | 16 | 23 | 30 | |
| S | 3 | 10 | 17 | 24 | 31 | |
| S | 4 | 11 | 18 | 25 | | |

| NOVEMBER 2026 | | | | | | |
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| M | | 2 | 9 | 16 | 23 | 30 |
| T | | 3 | 10 | 17 | 24 | |
| W | | 4 | 11 | 18 | 25 | |
| T | | 5 | 12 | 19 | 26 | |
| F | | 6 | 13 | 20 | 27 | |
| S | | 7 | 14 | 21 | 28 | |
| S | 1 | 8 | 15 | 22 | 29 | |

| DECEMBER 2026 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 | |
| W | 2 | 9 | 16 | 23 | 30 | |
| T | 3 | 10 | 17 | 24 | 31 | |
| F | 4 | 11 | 18 | 25 | | |
| S | 5 | 12 | 19 | 26 | | |
| S | 6 | 13 | 20 | 27 | | |

| JANUARY 2027 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 4 | 11 | 18 | 25 | |
| T | | 5 | 12 | 19 | 26 | |
| W | | 6 | 13 | 20 | 27 | |
| T | | 7 | 14 | 21 | 28 | |
| F | 1 | 8 | 15 | 22 | 29 | |
| S | 2 | 9 | 16 | 23 | 30 | |
| S | 3 | 10 | 17 | 24 | 31 | |

| FEBRUARY 2027 | | | | | | |
|---|---|---|---|---|---|---|
| M | 1 | 8 | 15 | 22 | | |
| T | 2 | 9 | 16 | 23 | | |
| W | 3 | 10 | 17 | 24 | | |
| T | 4 | 11 | 18 | 25 | | |
| F | 5 | 12 | 19 | 26 | | |
| S | 6 | 13 | 20 | 27 | | |
| S | 7 | 14 | 21 | 28 | | |

| MARCH 2027 | | | | | | |
|---|---|---|---|---|---|---|
| M | 1 | 8 | 15 | 22 | 29 | |
| T | 2 | 9 | 16 | 23 | 30 | |
| W | 3 | 10 | 17 | 24 | 31 | |
| T | 4 | 11 | 18 | 25 | | |
| F | 5 | 12 | 19 | 26 | | |
| S | 6 | 13 | 20 | 27 | | |
| S | 7 | 14 | 21 | 28 | | |

| APRIL 2027 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 5 | 12 | 19 | 26 | |
| T | | 6 | 13 | 20 | 27 | |
| W | | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 | |
| F | 2 | 9 | 16 | 23 | 30 | |
| S | 3 | 10 | 17 | 24 | | |
| S | 4 | 11 | 18 | 25 | | |

| MAY 2027 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 3 | 10 | 17 | 24 | 31 |
| T | | 4 | 11 | 18 | 25 | |
| W | | 5 | 12 | 19 | 26 | |
| T | | 6 | 13 | 20 | 27 | |
| F | | 7 | 14 | 21 | 28 | |
| S | 1 | 8 | 15 | 22 | 29 | |
| S | 2 | 9 | 16 | 23 | 30 | |

| JUNE 2027 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 | |
| W | 2 | 9 | 16 | 23 | 30 | |
| T | 3 | 10 | 17 | 24 | | |
| F | 4 | 11 | 18 | 25 | | |
| S | 5 | 12 | 19 | 26 | | |
| S | 6 | 13 | 20 | 27 | | |

| JULY 2027 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 5 | 12 | 19 | 26 | |
| T | | 6 | 13 | 20 | 27 | |
| W | | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 | |
| F | 2 | 9 | 16 | 23 | 30 | |
| S | 3 | 10 | 17 | 24 | 31 | |
| S | 4 | 11 | 18 | 25 | | |

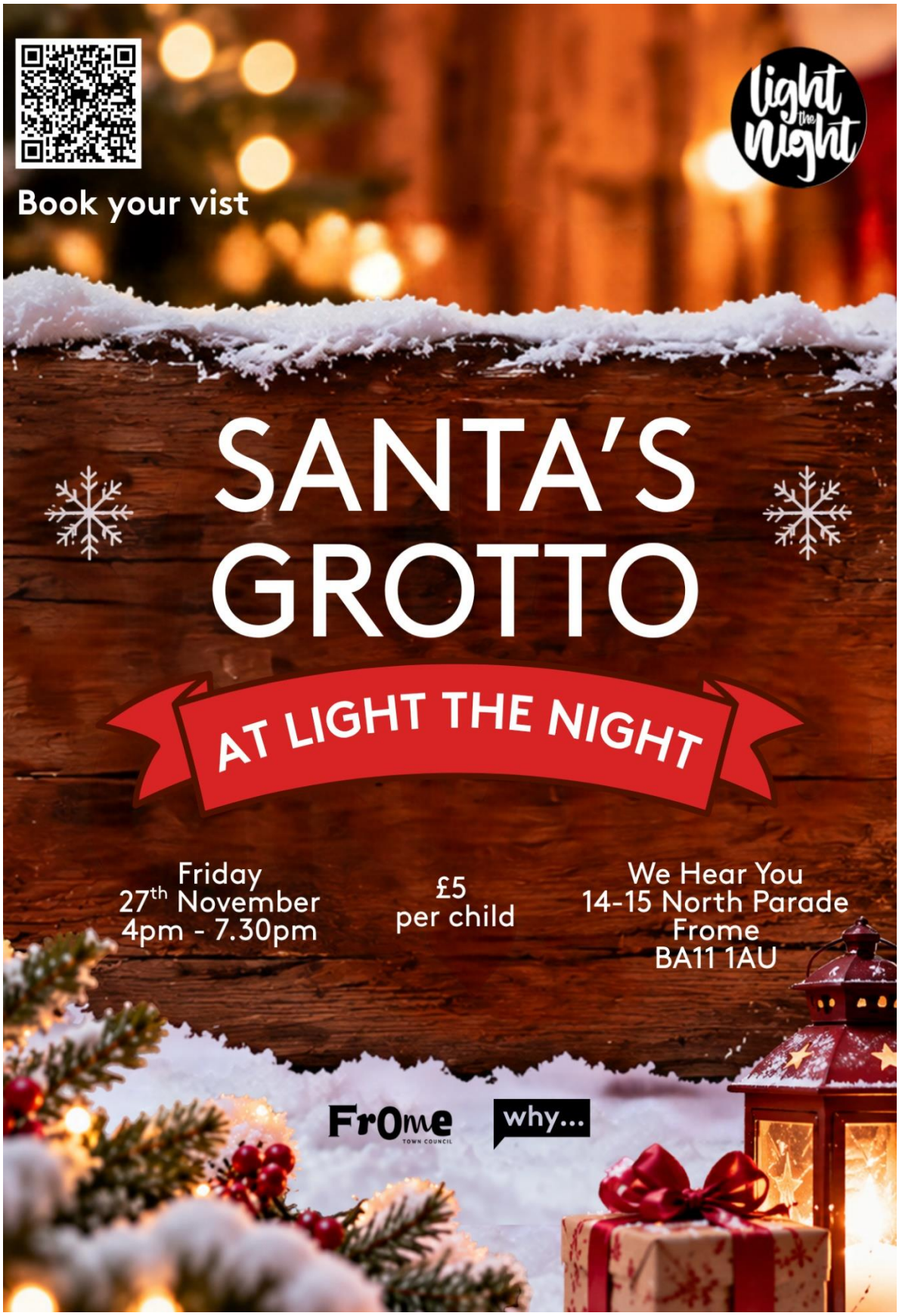
| AUGUST 2027 | | | | | | |
|---|---|---|---|---|---|---|
| M | | 2 | 9 | 16 | 23 | 30 |
| T | | 3 | 10 | 17 | 24 | 31 |
| W | | 4 | 11 | 18 | 25 | |
| T | | 5 | 12 | 19 | 26 | |
| F | | 6 | 13 | 20 | 27 | |
| S | | 7 | 14 | 21 | 28 | |
| S | 1 | 8 | 15 | 22 | 29 | |

| Key: | |
|---|---|
| | School Holiday |
| | Bank Holiday – school closed to pupils |
| | INSET Day – school closed to pupils |

Anticipated start date for 2027/2028
1st September 2027

**COMMUNITY NEWS**

*(we bring these events to your attention without being able to validate or endorse them)*



EVERYONE NEEDS POCKETS
DO YOU HAVE CLOTHES YOU WANT TO MEND?
COME AND LEARN HOW!
FOR FREE!
FROME LIBRARY
November 14th 11am-1pm
December 5th 11am-1pm

HOLIDAY CLUB
ACTIVITIES
VENUE
HAYESDOWN FIRST SCHOOL
BA11 2BN
&
LIBERTY GYMNASTICS CLUB
BA11 3DT
MONSTER MULTI SPORTS
TRICK OR TREAT BAKE OFF
HALLOWEEN ART CAMP
HALLOWEEN PARTY
NINJA HERO CAMP
(@ LIBERTY GYMNASTICS CLUB)
EARLY DROP OFF
8 - 9 AM
MAIN DAY
9 - 3PM
LATE PICK UP
3:00 - 4:30PM
IN ASSOCIATION WITH
Ofsted
I.G Sports Coaching Ltd
BOOK ONLINE

SSAL
CHANGING LIVES THROUGH LEARNING

# FREE* Courses & Workshops!

## Understanding Neurodiversity: ADHD Awareness Courses

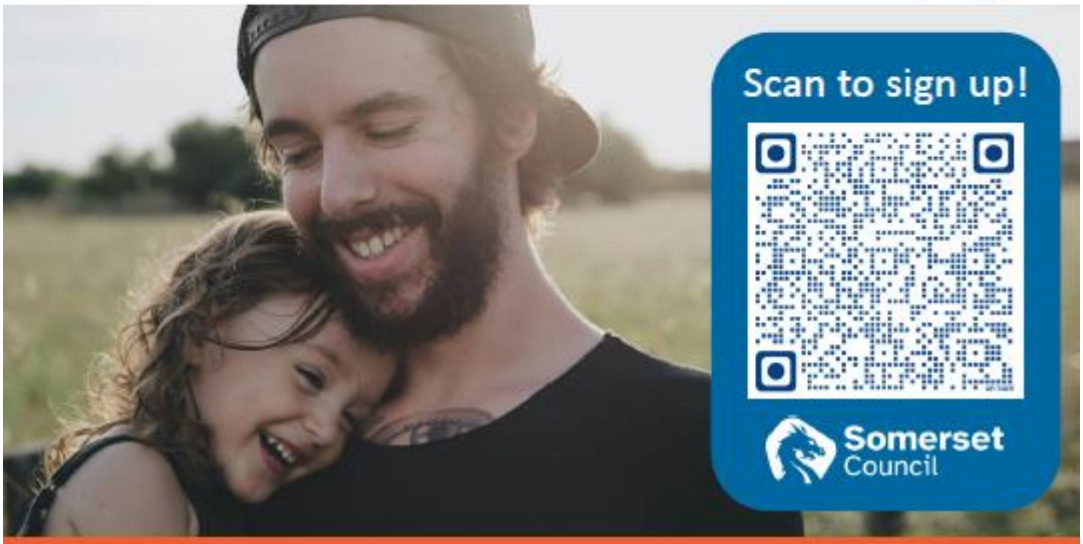
**Want to better understand ADHD and how it affects those who have it?** This course offers a clear, supportive introduction to ADHD - its possible causes, common characteristics and the strengths and challenges people may experience. Whether you are learning for yourself, or to support someone else, you'll gain valuable insight in a respectful and confidential online space with plenty of time for discussion and reflection.

**Follow the QR code below for details**

- Behaviours and characteristics
- Brain differences in ADHD
- ADHD and mental health
- Recognising differences, strengths and misconceptions
- Strategies for supporting yourself and others with ADHD

**Starter:** Thursday 29th October – 19th November 2026
**Developer:** Thursday 26th November – 17th December 2026
**Online:** Enrol for login info

*Eligibility applies




Visit **sslcourses.co.uk** or call **0330 332 7997** for more information

SSAL
CHANGING LIVES THROUGH LEARNING

# FREE* Courses & Workshops!

## Story Explorers: The Tiger Who Came to Tea

**Come on a family learning adventure!**

Have tea with the tiger from Judith Kerr's classic children's book "The Tiger Who Came to Tea".

With the book as our guide, you and your little one can explore the story and enjoy tailored craft and role-play activities along the way. Your child can actively take part in the story, role playing and responding throughout. Learn how to encourage a love of reading in your child.

**Ideal for children aged 2 to 7. Children must be supervised by an adult at all times. Older and younger siblings welcome**

Activities include;

- Reading The Tiger Who Came to Tea story together
- Colouring pictures from the story with a variety of art materials
- Role play the characters
- Make your own tea tray of tasty treats... and more!

**When: Monday 26th October**
**10am – 11.30am**

**Where: The Key Centre, Feltham Lane, Frome, BA11 5AJ**

*Eligibility applies

Visit **sslcourses.co.uk** or call **0330 332 7997** for more information

SSAL
CHANGING LIVES THROUGH LEARNING

# FREE* Courses & Workshops!

## Family Arts – Starter

### A course for families with children in the early years

**Support your child's early years development and have fun with arts and crafts.**

On this course you'll learn how to help nurture your child's fine motor skills, early literacy skills, and confidence, all while connecting with you in a safe and creative way.
Learn how you and your child can benefit from introducing art and craft activities at home, without the mess and chaos!

**Suitable for children aged 2 to 5 years with an adult caregiver. Maximum of 2 children per adult learner. Children must be supervised by an adult at all times.**

Arts and crafts activities will include;

- Finger painting
- Ripped paper collage
- Play dough
- Sensory crafts ... and more

**Tuesday 10th Nov to 8th Dec**
**1pm – 2.30pm**
**The Key Centre, Frome, BA11 5AJ**

*Eligibility applies

Scan to sign up!

Somerset Council

Visit **sslcourses.co.uk** or call **0330 332 7997** for more information

SSAL
CHANGING LIVES THROUGH LEARNING

**FREE* Courses & Workshops!**

# Supporting My Child's Wellbeing Through Creativity - Starter

**Are you looking for ways to support your child's emotional wellbeing and mental health?**
Do they experience anxiety, dysregulation or school refusal and struggle to express what they're feeling?
Processing and releasing emotions and working through difficult experiences can become easier by drawing, painting or sculpting those experiences, rather than trying to express them through words.
This course will teach you how to support your child to explore and express their emotions through creativity.

**Suitable for children aged 7 to 12 with an appropriate adult caregiver. Children must be supervised by an adult at all times.**

**Creative wellbeing activities will include;**

- Exploring colour, shape and different art materials and their impact on feelings
- Self exploration through collage
- Mindfulness and wellbeing through clay and acrylic paints
- Using colour to influence and express emotions

**Tuesday 3rd Nov to 1st Dec**
**4pm – 5.30pm**
**The Key Centre, Frome, BA11 5AJ**

*Eligibility applies